



## Lexus Dusek, LAC

Licensed Associate Counselor

### EDUCATION

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**Grand Canyon University, Phoenix Arizona**  
Master of Science, Professional Counseling

### CLINICAL APPROACH

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Lexus is a Licensed Counselor who is passionate about working with women, and children. She believes a respectful relationship between parent and child is essential. Her primary focus is in creating a safe, nonjudgmental environment that allows people to dig deep and explore new concepts. As a counselor, Lexus helps others explore their past to understand how it is affecting their present life circumstances and provide tools to help change harmful thought patterns. During her internship, Lexus primarily worked with children and adolescents struggling with anxiety, depression, and suicidal ideation. Additionally, Lexus has worked with many adults also facing anxiety, depression, and other life struggles.

### ABOUT ME

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I enjoy spending time with my husband, and our rescue dog, Archie. As a tradition, my husband and I like to visit a new place every year to experience the food, art, and natural scenery. I am obsessed with succulents, and dream of creating my own succulent garden in my yard. To clear my mind, I indulge my creative side through art.

#### PROFILE

##### EMPHASIS

Depression  
Anxiety  
Adolescent  
Family Relationships  
Maternal Mental Health

#### HOBBIES

Painting  
Hiking  
Travelling  
Watching Professional Basketball

#### CONTACT

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