



## Katherine Kuhlman, PsyD

National Register Health Service Psychologist  
Certified Clinical Trauma Professional

### EDUCATION

---

**PsyD, University of Denver**  
Clinical Psychology  
**MA, University of Denver**  
Forensic Psychology

### CLINICAL APPROACH

---

Dr. Kuhlman is a licensed clinical psychologist that specializes in police and public safety psychology. She uses her sense of humor and kind demeanor to establish rapport with her clients and helps them feel at ease. She utilizes cognitive-behavioral and narrative modalities most often, and is trained in Brain spotting, which is used especially for severe trauma. She treats a wide variety of mental health problems, including depression and anxiety, and specializes in trauma. Dr. Kuhlman is not currently accepting new patients, but she does provide clinical supervision and oversight to Alium's mental health clinicians.

#### PROFILE

##### EMPHASIS

PTSD  
First Responders  
Stress  
Anxiety  
Depression

##### HOBBIES

Exercise  
Hiking  
Spending time with Dogs

##### CONTACT

PHONE: 480-750-0095  
WEBSITE: [www.aliumhealth.com](http://www.aliumhealth.com)  
EMAIL: [office@aliumhealth.com](mailto:office@aliumhealth.com)

### ABOUT ME

---

I grew up in Virginia and Florida, and recently moved to Arizona from Colorado. When not working here or at my private practice, my time is spent with my fur-babies and fiancé at the gym, hiking, or enjoying one of the many restaurants in the area.