



## John Elliott, MD

Physician

### EDUCATION

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**Wesleyan University, Middletown Connecticut**  
BA

**University of Colorado School of Medicine**  
Medical Doctorate

**Fitzsimons Army Medical Center, Denver Colorado**  
Residency in OB/GYN

**University of California, Irvine California**  
Fellowship in Maternal-Fetal-Medicine

### PROFILE

#### EMPHASIS

Maternal-Fetal Medicine  
Maternal Mental Health  
Diabetes  
Prenatal and Postpartum  
Depression  
Social Determinants of Health

### HOBBIES

Travel – especially to Africa  
Being on a beach – any beach  
Watching shows with Family  
Reading  
Being outdoors

### CONTACT

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EMAIL: [office@aliumhealth.com](mailto:office@aliumhealth.com)

### CLINICAL APPROACH

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Dr Elliott is an OB/GYN (women's health) specialist with Board Certification in Maternal-Fetal Medicine (high risk pregnancies). He is focused on the total health of pregnant women including maternal mental health in pregnancy and after delivery, dietary education, and diabetic management before, during, and after delivery.

### ABOUT ME

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I am an entrepreneur who enjoys starting interesting, and worthwhile businesses. I am a work-aholic starting at 4am until 5 or 6pm 7 days a week. I am an avid Arizona Cardinals fan, but my passion is baseball. I love the beach – under an umbrella reading a book.