

# We Believe

Our *unique* approach to care provides the best outcomes for our patients.

Using a **Care Coordinator** who is dedicated to each patient will improve:

- Medical education
- Provider interaction
- Direct communication with our staff
- Patient support
- Referral and community assistance coordination

We know communication is critical to providing the best care possible.

We see each woman as a unique individual and their illness as only a part of that person; illness does not define the patient.

Inspired Passionate Care  
for Women



## Contact Us

480-750-0095

[aliumhealth.com](http://aliumhealth.com)

**Convenient** Appointment Times

Visit our website  
for more information.



**Most insurance(s) accepted.**



# Alium Health™



## Primary and Behavioral Health Care for Women

Holistic care  
focusing on **mind**  
and **body.**

## Behavioral Health

Our therapists are experts in helping women manage their behavioral health concerns.

### Reasons to see us for therapy

- Chronic health conditions
- Mood disorders
- Trauma
- Grief counseling
- Substance abuse disorders
- High-risk pregnancy counseling
- Group therapy, workshops and classes

When you talk, we listen



## Medical Services

We provide the following primary care services for women:

- Acute care appointments
- Yearly wellness exams
- Chronic care management
- Medication management
- Diabetic treatment
- Nutrition services
- Weight management

### Collaboration

Our medical and behavioral health providers work together with our Care Coordinators to provide high quality care which results in better health outcomes for our patients.



## Nutrition and Weight Management

Working hand in hand with our team of providers, each patient's treatment plan is personalized through a combination of:

- Medical nutrition therapy
- Medically-managed weight loss
- Medication management
- Therapeutic counseling

**No shaming, No blaming,  
just results**

## Diabetes Program

Our comprehensive diabetic treatment program for women with Type 1, Type 2 and pre-diabetics includes:

- Extensive diabetes education
- Medication management
- Nutrition therapy and education
- Chronic care counseling
- Insulin pump management

Call us today at 480-750-0095