

STARTING 3/31/2023

Sexual Assault/ Abuse Survivor Group

TIME: 10:30 TO 12:30

DURATION: 10 SESSIONS

Cost: \$50 per session, pay for group at the time of registration and the cost is \$400, which is \$100 in savings!

"Suffering is only unbearable if you do it alone"

Psychoeducation support group providing understanding of trauma, it's effects and recovery in a safe and healing environment.



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